

# KNOW YOUR BENEFITS.

From your insurance and benefits specialists at OneDigital



## The Cost of Health Care: East South Central Region

If it only costs \$20 to see the doctor when you have a sore throat, what's the big deal? If you knew the true cost of services, you might think twice before visiting the doctor. Some of the average costs for health care services in the **East South Central** region of the United States are as follows.

**Average allowable cost** (amount the health plan and employee costs are based on)

<b>Physician Services</b>	
Primary care physician visit	\$136.50
Specialist visit	\$197.04
Routine exam visit – 21+ years	\$116.83
Well-baby visit – 0-2 years	\$255.86
Obstetrical care (vaginal delivery) – 21-45 years	\$2,096.49
<b>Hospital Services</b>	
Inpatient admission – 21+ years	\$21,758.46
Maternity (regular delivery) – 21-45 years	\$9,026.88
Maternity (C-section) – 21-45 years	\$12,199.90
Outpatient surgery	\$2,187.91
ER visit	\$805.42
<b>Diagnostic Tests</b>	
Mammogram – Women 40-69 years	\$204.91
Colonoscopy – Adults 52-80 years	\$1,087.03
Cardiac stress test – 21+ years	\$328.81
Chest X-ray – 21+ years	\$82.12
MRI – 21+ years	\$884.63
CT scan – 21+ years	\$814.29
<b>Rx – Retail</b>	
Brand	\$424.86
Generic	\$26.95
<b>Rx – Mail</b>	
Brand	\$990.92
Generic	\$61.92

**East South Central:** Alabama, Kentucky, Mississippi, Tennessee

Source: Truven Health Analytics